



*RNFL Counseling Services offers a full continuum of care.*

### **Comprehensive Care**

RNFL Counseling Services goal is to increase spiritual, mental and personal wellness to those in Baton Rouge and surrounding area. We are dedicated to helping other by creating a trusting environment that is conducive to exploring and decreasing emotional distress, maladaptive behaviors via clinical and non-clinical counseling.

Our Specialties include: Mental health counseling, Pastoral, Marriage and Family, Faith-based adult and adolescent psychotherapy, Specialized/Critical Pastoral Care and Treatment of the following: age and stage related issues; family and relationship issues; trauma and crisis; incidence reduction and counseling related to medical conditions, depression, anxiety disorders, health and wellness; career, and religious and spiritual concerns.

Please contact us to learn more about how we can help you achieve peace and feel more satisfied in your life's direction. Our mental health professionals determine which of our services would benefit you and makes the appropriate appointment. Please call to schedule an appointment or have your PCP send us a referral.

### **Payment**

RNFL Counseling Services accepts most private health insurance plans. Medicaid insurance are also accepted.

RNFL Counseling Services will customize a payment plan based on your individual needs.

# RNFL Counseling Services

7569 E. Industrial Dr  
Baton Rouge, LA 70805



www.rnlfounselingsvs.net  
Email: info@rnlfounselingsvs.net  
Phone: (225) 810-3967 or (225) 302-7769  
Fax: (225) 810-3968

## Our Approach

*Our mission is to approach counseling from a Pastoral Counselor, Clinical Chaplain perspective. This practice is inclusive of a wide range of individuals (children, adolescents, and adults) as well as couples and families that come from various lifestyles.*

*We welcome the uniqueness that each person brings into the counseling relationship.*

*We welcome the opportunity to assist children, adolescents, adults (individuals & couples), and families with issues that may surface in the cycle of life.*

*We embrace cultural competency, and am committed to understanding the importance of the client's worldview, which we believe is vital to the therapeutic process.*

# RNFL Counseling Services

## It's about: solutions



**Providing Spirit-empowered Service to Individuals at their Point of Need**

# HELP STARTS WITH A PHONE CALL

## Counseling Services

Problems are a normal part of life. Disability, sickness, disease. These things are easily ignored until they strike someone in your family or one of your closest friends. Then it all hits home. That's when you need someone to call. An extended family that can give you that much needed breath of encouragement.

RNFLF Counseling Services employs qualified mental health professionals who can offer a professional opinion on a multitude of problems.

RNFLF Counseling Services builds a personalized treatment plan and takes you through the process at your own pace.

Please contact us to learn more about how we can help you achieve peace and feel more satisfied in your life's direction.

What happens when I call for an appointment?

An appointment will be made for an initial assessment.

This first appointment is an opportunity for you to discuss your immediate concerns and for the clinician to understand you as an individual.

You will leave with their contact information to use, if you have a need, prior to your next appointment.

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## It's about: solutions

### Our Programs and Initiatives:

Upon visiting with us, you will find us to have greater interpersonal skills such as warmth, caring, stability, and professionalism as well as listening skills, to be more person friendly and a great emotional support. Our programs and initiatives fulfill our mission of promoting mental health, preventing mental disorders and achieving victory over mental illness through advocacy, education, research and services.



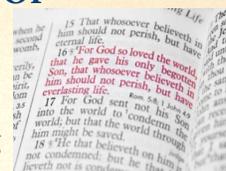
### Our Cognitive Based Counseling Model:

We at RNLF Counseling Services is of the belief people are motivated by three basic dynamics or controlling factors in their lives. There are those who basically are: 1) Behaviorally Motivated. 2) For most people their Thought Life, (beliefs and misbeliefs) is the controlling dynamic which brings about their behavior. Still others are 3) motivated predominately by their Emotions as they react emotionally and then think about their sinful behavior later.



### Our System's Steps and Sequence Of Implementation:

Biblical counseling is directive in nature. The Bible is a directive book. Counseling is not just acting as a "sounding board", but it is warning, challenging, giving advice, guiding, admonishing and even rebuking. All problems fall into three categories-- organic, satanic, or spiritual. One's emotions are not an entity in themselves, rather they are connected to one's thinking and behavior. Change one's thinking and behavior and one will change the emotions .



## Specialized Pastoral Care/ Clinical Chaplaincy:

As part of our Specialized Pastoral Ministry, we reach directly into the primary social structures and institutions of our world. Specialized pastoral ministers are witnesses of the Gospel in a context of mercy.



## Psychotherapy:

Our number one priority is to bring happiness and well-being to our patients' lives by restoring their mental balance. We want to help you break free from old habits, developing healthy coping skills and finding new ways to respond to life's challenging situations.



**For additional treatment services not mentioned here, please feel free to contact us..**

## Where to find us.

